



## **PTSD CAN MEAN SOME SOLDIERS NEVER LEAVE THE BATTLEFIELD...**

Combat Stress says “Bring them home, all the way home.”

Living near you are veterans so traumatised by conflict that their minds are frozen in time. They might have returned to life at home, but psychologically they're still locked in combat. PTSD means they're trapped in the worst moment of their lives.

We believe men and women who fought for our country deserve our help. Each year Combat Stress provides life-changing treatment and support to thousands of veterans. Demand for services has doubled in the past decade and is on the increase. We need to do more.

Please donate to the charity and help more veterans to leave the battlefield behind.





**The At Ease appeal - Help veterans to be themselves again.**

The need for funding is even more crucial today as greater numbers of younger veterans come forward to seek help much sooner than in the past.

The At Ease Appeal must raise an extra £10m for Combat Stress over the next three years to fund world-renowned treatment and transform the delivery of support to veterans.

Money raised will help the charity to provide crucial services including the PTSD Intensive Treatment Programme, short-stay clinical treatment, occupational therapy and its free 24-Hour Helpline.

The needs of veterans seeking help for mental health problems are changing. With your help we can support veterans in a way that fits around the demands of life today.